EPA GIM Nr. 4

1. Title	**Providing health promotion and preventive care consultations**
2. Description (Specifications and limitations)	***Setting:*** • Home, ambulatory, telemedicine (telephone, video) • hospital or other institutions (incl. rehabilitation), nursing home ***Timeframe:*** From the beginning to the end of a single consultation ***Includes the following tasks:*** • Recognize opportunities for addressing health promotion and preventive/screening issues • Provision of recommended, age-appropriate screening, preventive care and health promotion • Provide evidence-based informations (benefits, risks and alternatives of screening tests a/o prevention strategies) • Plan the selected preventive/screening measures and follow-up ***Excludes:*** **public/**conference contributions
3. Potential risks in case of failure	Impaired patient quality of life. Threat to public health.
4. Most relevant Competency Domains (emphasis)	○ Health Advocate ○ Communicator
5. Knowledge, Skills, Attitude: key aspects	**Knowledge and skills:** • Assesses patients' knowledge about their health/wellness • Counsels health promotion strategies (primary prevention). • Detects illness in early, treatable stages (secondary prevention). • Utilizes pharmacologic and non-pharma measures to minimize risk factors for disease progression and complications (tertiary prevention). • Avoids measures leading to overmedicalization (quaternary prevention). • Educates and empowers patients. • Uses shared decision making and motivational interviewing skills to involve and empower patients while respecting their autonomy

	• Provides evidence-based and patient oriented information material from providers and authorities in relation to preventive activities. ***Attitudes:*** • Demonstrates an empathetic, open, and receptive attitude towards patients and/or their relatives. • Supports the engagement of patients and their relatives in developing health care plans that reflect the patients' health care needs, functional status and preferences • Shows awareness towards disparities in health care among different patient-populations that can impact their medical care. • Demonstrates respect for patient's autonomy • Shows scientific curiosity • Demonstrates professionalism: rigor, transparency, integrity, reliability, reflectivity • Demonstrates openness to feedback and opinion of others • Is aware of own limits and seeks help if needed
6. Information sources to assess progress	• Direct observation • Case presentation and case-based discussion • evalutation of work products (chart records etc) • Multisource feedback
7. Entrustment/ Supervision Level expected at the end of training	Supervise others (Level 5)
8. Expiration date	NA

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